



## MRSD PARENT INPUT NEEDED

### FROM THE PRINCIPAL

Happy Fall! Can you believe that the first month of school is over? It's been so great seeing the halls filled with happy children.

The first few weeks have been busy ones. Students are learning new routines, practicing how to be safe, kind and good workers. Has your child shared with you what the Mt. C Bee cards are all about?



The Mt. C. Bee

*Be Kind*

*Be Safe*

*Be a Good Worker*

### Garden Party

Come help Mt. Caesar put our gardens beds to sleep for the winter.

Thursday, October 15, 2015

3:45-4:45

Bring your garden tools if you have them.

MRSD is currently working to improve our mathematics curriculum K-12. Please complete the following survey to help us better understand your perspectives on our current programming and what you would like to see changed, improved upon, or maintained.

We ask that you complete the survey one time for each of your children. Your responses will be anonymous.

The survey will remain open until October 16, 2015.

To complete the survey, please go to:  
<http://goog.gl/forms/em8knNKkw3>



### PICTURE RETAKES

NOVEMBER 6<sup>th</sup>

Remember to return unwanted pictures!

## From Nurse Carrie

### Hand, Foot and Mouth Disease

Hand, foot and mouth disease is an infection caused by a virus that goes away on its own, just like a cold. Blisters appear in the mouth, on palms and fingers, soles of feet, and buttocks. Most will last for 7-10 days. There may be a mild fever as well. Because it is caused by a virus, there is no need for antibiotics (which are for bacterial infections). A health care provider will diagnose based on symptoms, but there is no treatment.

Hand, foot and mouth disease is spread by having contact with the nose and throat secretions of an infected person. It may also be spread by sneezing and coughing. People who are exposed will usually show symptoms within 3-5 days. This disease is usually seen in children under ten, although adults can get it. The virus can remain in the stool for several weeks after the main symptoms of the virus are gone. For this reason, extreme care with hand washing after toileting or diaper changing is advised.

It is not recommended that children be excluded from school or child care according to the Dept of Health and Human Services. Children who have a fever over 100.0 F must stay home until they are fever free without medication for at least 24 hours according to normal school protocol. Please help prevent the spread by reminding your child to cough or sneeze into a tissue or their elbow and to wash their hands before putting anything in their mouths.



## AFTERNOON PICK UP REMINDERS

- Stay in line and with your car. Students will be brought to you.
- If you need to park, please do so in the parking lot, not along Sawyer's Crossing Road.
- There is no appointment so important that the safety of our students is at risk. Please do as we tell the children--- follow *The Golden Rule*, "Treat others the way you want to be treated".

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