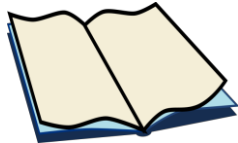


Mt. Caesar Newsletter

February 19, 2016

FROM THE PRINCIPAL



I Love to Read Week

The week after school vacation (February 29- March 4)

Monday- To kick off I Love to Read Week, students will make a bookmark in their classroom to use during the week. Classes will also be decorating the classroom door with a scene from a favorite book.

Tuesday- Each class will be paired with a buddy class and read a favorite book to each other.

Wednesday- Wacky Wednesday! Dress up as wacky as you can, in honor of Dr. Seuss' birthday. Green Eggs and Ham will be on the lunch menu.

Thursday- Think of your favorite book character. During school students will make a mask of their favorite character.

Friday- Remember that mask? Today students will get to wear it and share it with your friends at school during our parade!

Norovirus Increase in NH

You may have had your child home sick with stomach aches, nausea, vomiting, or diarrhea in the past few weeks. While not all gastrointestinal illnesses are caused by the norovirus, the state has seen an increase in norovirus and we have had some confirmed cases in our school.

Norovirus is highly contagious. As few as 18 particles of the virus can make you sick. To show you how little that is- the amount of virus that fits on the head of a pin would be enough to infect over 1,000 people! And the symptoms develop as quickly as 12 to 48 hours after being exposed.

The best prevention is good hand hygiene which needs to be done with soap and water only. Hand sanitizers will not kill the norovirus. If you have someone at home with these symptoms, the best thing to clean with is with bleach.

If your child has been sick with vomiting and or diarrhea, please keep them home until you are sure they are all done. If they have had a fever, they must stay home until they have been without a fever (100°F) for more than 24 hours without using medication to reduce it. According to Monahan Pediatrics "there are no safe or effective over-the-counter medicines for diarrhea or vomiting. The goal is to prevent and when needed, treat dehydration. The way to do this is with SMALL FREQUENT FEEDINGS."

IMPORTANT!!!

REMINDER THE NEW LUNCH POLICY WENT INTO EFFECT DECEMBER 1ST. THE COMPLETE POLICY IS AVAILABLE AT WWW.MRSD.ORG AND SHOULD BE REVIEWED BY ALL PARENTS AND GUARDIANS. PLEASE SEND IN PAYMENT FOR OUTSTANDING FOOD SERVICE BILLS

Important Information!

Kindergarten and Preschool Registration
Thursday March 17, 2016 12:00-7:00 pm
Friday March 18, 2016 8:00-12:00
Call Amy @ 352-4797 any questions.

Parents will need: child's birth certificate, Immunization records, and recent physical, proof of residence, such as an electric bill, cable bill etc. Copy of parent's license.

PTO Meeting Dates 2015-2016

All meetings are held on the second Wednesday of each month in the Multi Purpose Room at Mt. Caesar School at 6:00PM. All parents & guardians, faculty and staff can attend any meeting! We look forward to new faces and encourage your input! For more information please visit the PTO webpage at www.mrsd.org/mtcaesar

- Wednesday, March 9, 2016
- Wednesday, April 13, 2016
- Wednesday, May 11, 2016
- Wednesday, June 8, 2016



AFTERNOON PICK UP REMINDERS

- Stay in line and with your car. Students will be brought to you.
- If you need to park, please do so in the parking lot, not along Sawyer's Crossing Road.
- There is no appointment so important that the safety of our students is at risk. Please do as we tell the children--- follow *The Golden Rule*, "Treat others the way you want to be treated".

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