



Tiger News

Troy Elementary School, 44 School St. Troy, NH
03465



March Newsletter

From the Principal

Dear Troy Families

Spring is in the air and the month of March brings many fun activities at our school. Students will gear up for State Assessments and our teachers are working hard to ensure that students perform with their best abilities. We are excited about the progress Troy Students are making in the classrooms and are certain that we will achieve all of our goals during testing.

Before the break, we successfully completed Student-Lead – Parent Teacher conferences. Although, the last “formal” progress meeting this year, please remember to keep in touch with your child’s classroom teacher. Communication between home and school are so important to your child’s academic success. As always, be sure to reach out if I can be of any assistance in supporting this communication.

Congratulations to Mrs. Rafail for a wonderful Literacy Week which students celebrated from February 26 until March 1. There were many great activities and many free books awarded as prizes! Everyone had a great time and showed off their true Tiger Spirit. Please check out our Facebook page for pictures on this great week!

Report Cards and Professional Days

Report Cards will be issued Thursday, March 21. Reports will be sent home with your student. You may keep the report card for your records, but please sign and return the envelope that it is sent home in.

Tuesday, March 12 and Friday, March 22 are professional days for teachers to collaborate on curriculum topics, as they prepare for the end of the school year. There will be **NO SCHOOL FOR STUDENTS.**

Dates to Remember

- | | |
|-----------|---|
| March 1. | All School Meeting
Hosted by Mrs. Rafail
@ 9 AM |
| March 5 | PTO Meeting @. 6 PM |
| March 12 | Teacher Workshop Day
No school for students |
| March 14 | Pi Night 5-6:30 PM |
| March 21. | Report cards to be distributed |
| March 22 | Teacher Workshop Day
No School for students |



Dear Parent/Guardian,

Each year, New Hampshire public and charter schools are required by state law (RSA 193-C) and federal accountability laws (Every Student Succeeds Act) to assess students using a standardized assessment. We utilize several assessments to comply with these requirements. For more details about our statewide assessments, please visit the [Office of Academics and Assessment](#).

Statewide assessments are an important part of a student's core educational program. They provide:

- An evaluation of student mastery of content and skills in core academic areas
- Serve as one tool for measuring the degree to which students are on track to graduate high school and be college- and career- ready
- Help inform future instruction in the classroom

Along with student work on classroom assignments, projects, essays, and local formative and summative assessments, statewide summative assessment results provide teachers and parents with important information about where students are on their path toward academic success. They also provide information on how to best support learning recovery.

Below are the required assessments for public and chartered public school students:

General Assessment	Grades	Content Area
NH Statewide Assessment System (NH SAS)	3-8	English Language Arts, Mathematics
Nh Statewide Assessment System (NH SAS)	5, 8, & 11	Science
SAT School Day with Essay	11	English Language Arts, Mathematics

Results

Student results for the NH SAS are generally available immediately upon the student completing the test. Parents will now be able to view NH SAS student results through the Family Portal. Parents can access the Family Portal by visiting New Hampshire's assessment portal at: <http://nh-familyportal.cambiumast.com>.

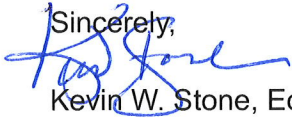
Lexile reading and **Quantile mathematics scores** will be available on the ISR (Individual Score Report). You can visit this [resource](#) to find more information on how to use these measures to understand your child's reading and math level.

Practice Tests

Families may access training tests for the NH SAS by going to the NH SAS assessment portal at: <https://nh.portal.cambiumast.com/families.html>.

Should you have any questions or concerns, you may contact either Barb Geiss at 903-6754 or me

Sincerely,



Kevin W. Stone, Ed. D.
Principal

2024-2025 Kindergarten and Preschool Online Registration Opens March 11th, 2024

<http://mrdsd.almastart.com/>

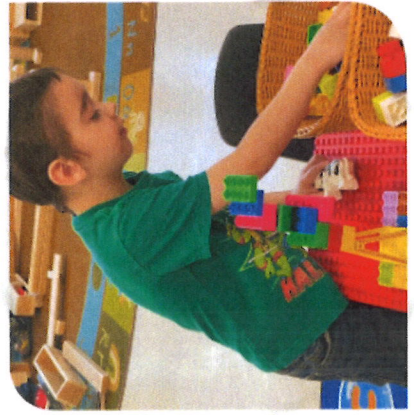


Required for complete registration:

- *Birth certificate
- *Most recent physical
- *Most recent immunization record
- *Proof of residency; (ie: electric or tax bill, copy of lease or car registration)
- *Driver's license

If your child attends PreK at Emerson, you do not need to register your child online.

Please call Mrs. Wielosinski at 603-242-7741 or email pwielosinski@mrdsd.org with any questions or concerns.





Celebrating National
School Breakfast Week!



You're Invited!!!

SAU #93 will be offering all students

One FREE Breakfast on Wednesday March 6, 2024 in
celebration of National School Breakfast Week!

The Importance of School Breakfast:

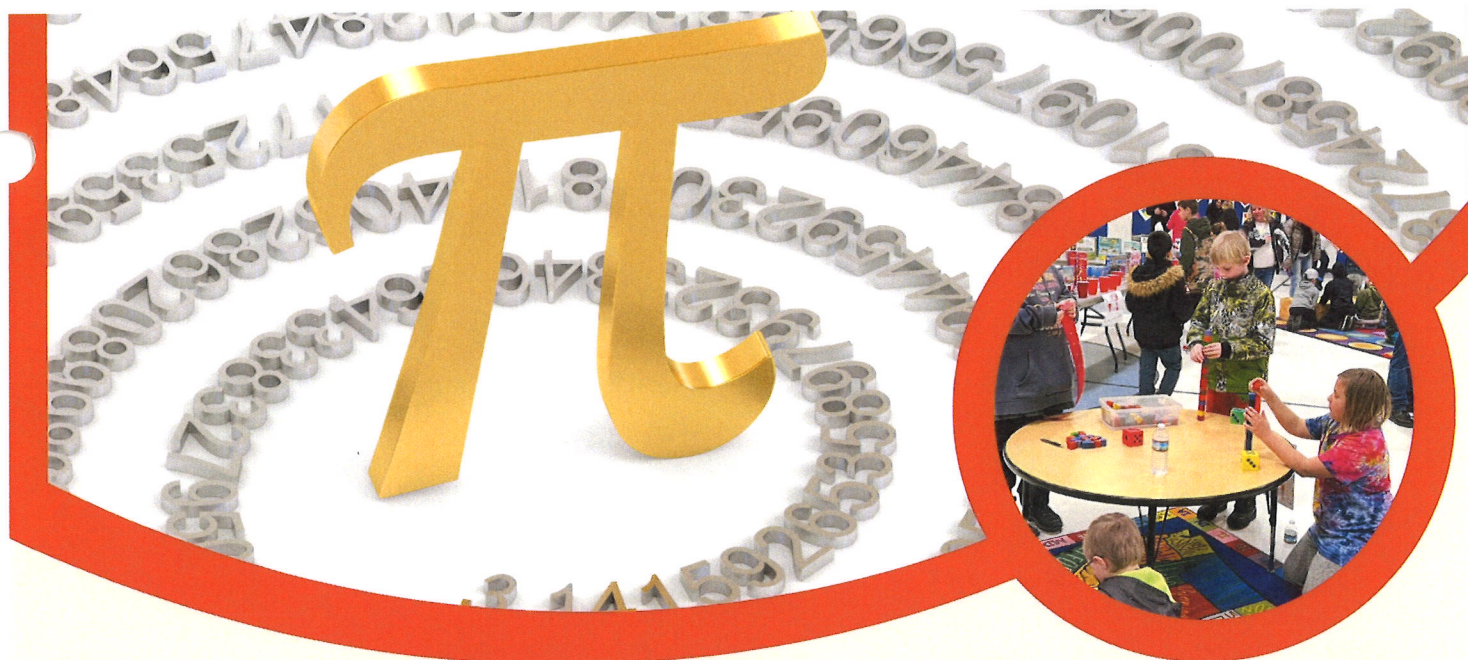
The School Breakfast Program provides 12 million nutritious breakfasts to hungry children across the country every day. These breakfasts tend to be more nutritious than the average breakfast a child gets from home or a convenient fast-food restaurant.

By celebrating National School Breakfast Week (NSBW), SAU #93 is encouraging all Parents & Guardians to recognize the importance of a healthy start to the day for fueling a child's academic success.

Fun Facts about children who eat breakfast are more likely to:

- Reach higher levels of achievement in reading and math
 - Score higher on standardized tests
 - Have better concentration and memory
 - Be more alert and maintain a healthy weight

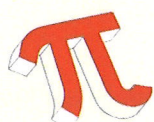
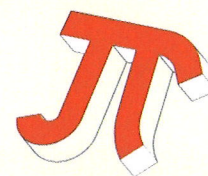
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TROY FAMILY PI NIGHT

Get Ready to Celebrate Pi Day with a Bang!

Join us for the annual International Pi Night and showcase your skills in Math and learn some new games.



MARCH 14, 2024

5:00 PM - 6:30 PM

ENJOY DINNER AND DESSERT ON US

• VISIT ROOMS 2 OR 3 TO LEARN ABOUT TITLE I AND SHARE IDEAS

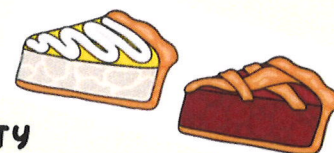


- Participate in the Annual Meeting and share ideas for Title I at Troy School
- Enjoy your meal
- Get your token for take home game



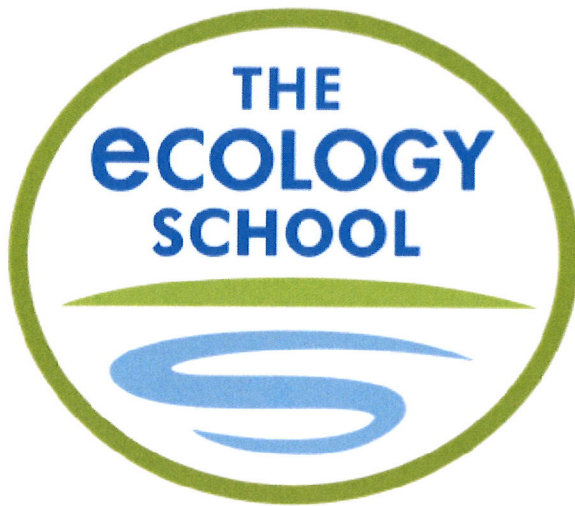
• WALK AROUND THE MULTIPURPOSE ROOM TO PLAY A VARIETY OF GAMES AND PARTICIPATE IN THE ESTIMATION JAR!

• VISIT THE STAGE TO SELECT YOUR FAVORITE PIE



**RESERVE YOUR FAMILY'S SPOT BY
SIGNING UP USING THIS QR CODE OR
CALLING TROY SCHOOL 603-242-7741**





Information Night

The Ecology School trip is coming up quickly, and we would like to share some information with you, as well as answer any questions you have. We want you and your child to feel comfortable with this exciting trip.
We look forward to talking with you.

Who: Parents/Guardians (6th grader may come if they'd like to)

What: Learn about the 6th grade trip to The Ecology School

Where: Mrs. Tommila's classroom, Emerson School

When: Thursday, March 21st at 6:00pm

Please let us know if you are able to attend so we can plan accordingly.

☐ Yes, I will be attending the meeting.

☐ No, I will not be attending the meeting.

Student Name _____

Parent/Guardian Signature _____

BEYOND THE BELL



MONADNOCK SCHOOL DISTRICT

5th-6th Grade

REGIONAL DANCE

29

MARCH

7:00-9:00 PM

AT CUTLER SCHOOL

\$5.00 ADMISSION

CONCESSIONS AVAILABLE

MONADNOCK REGIONAL SCHOOL DISTRICT

5TH-6TH GRADE STUDENTS ONLY



Greetings from

TITLE I

www.mrsd.org/title1

READY! for Kindergarten®

Classes held in person

633 Old Homestead Highway, Swanzev

Wednesday evenings

5:30-7:00

SPRING CLASSES

- 3/13 For parents of 3-4 year olds
- 3/27 For parents of 2-3 year olds
- 4/10 For parents of 1-2 year olds
- 5/1 For parents of 0-1 year olds
- 5/15 For parents of 4-5 year olds

To register online for these free classes, please scan this QR code:



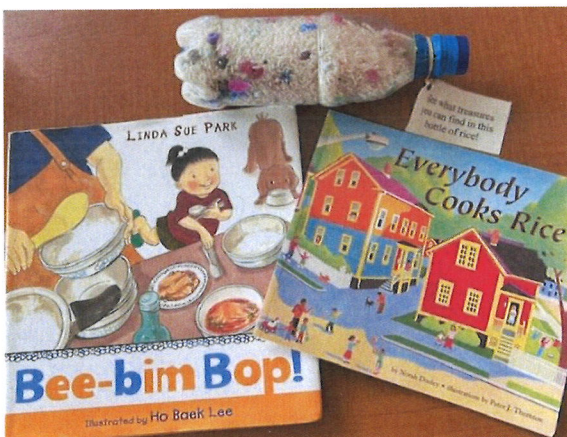
For more information, please call 357-2042 or email:

Beth Audette baudette@mrsd.org

Lynn Speckman lspeckman@mrsd.org

Another Take-It-Home Kit

Pictured below is our Rice kit. The books even include rice recipes that you can make at home, from bee-bim bop to turmeric rice with pigeon peas! Cooking is an excellent and fun way to practice executive functioning skills. Bon appétit!



Here is one more grounding technique to practice in order to help prevent anxiety and bring you back to a place of focus and calm.

MENTAL GROUNDING

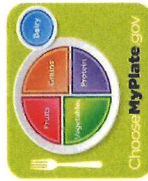
Quickly list as many items as possible from any category. You will be surprised how this simple activity can calm your mind and help you focus.

Here are some ideas of items you can list:

- Colors
- Song titles
- Circular shapes you see in the room
- Games
- Words that start with ____ (choose a letter)

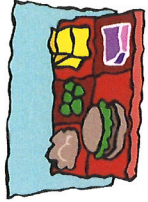
You can say items aloud, or you can write them down. What list will you create?





Monadnock Elementary Menu

JANUARY - APRIL 2024



ALTERNATES Served Daily:

Pretzel Boat: Yogurt, Whole Grain Pretzel, String Cheese, Fresh Veggies and Fruit, Milk
Lunch Salad: Romaine Lettuce, assorted meat or egg, Shredded Cheddar Cheese, Dressing, Fruit, roll, Milk
Sunbutter & Jelly: Sandwich, fruit, vegetables and milk Choice

LUNCH PRICES

Elementary Lunch:
Paid: \$2.85 Reduced \$0.40
Milk: \$0.50

For your convenience, visit www.lunqconnect.com to make online deposits to your child's account.
Thank you to our donors!

You may continue to make deposits at your Child's school.
Please use the LUNQ website to monitor your child's account at no cost.

Low balance & negative balance account statements are sent by email weekly.

Cafeteria Contact Numbers

- Cutler School (603) 355-3132
- Emerson School (603) 585-6006
- Gilsam School (603) 352-2226
- Mt. Caesar School (603) 903-6531
- Troy School (603) 242-6564
- Main Office (603) 903-6818
- Fax (603) 719-3238

MONDAY French Toast Sticks Sausage or Yogurt Dragon Punch Breakfast Potato Daily Fruit Buffet	MONDAY Pancake Sausage Stick Yogurt Cup, Carrot Sticks Hash Browns Daily Fruit Buffet Milk	MONDAY Grilled Cheese Tomato Soup Carrot & Celery Sticks Daily Fruit Buffet Milk	MONDAY Breakfast Sandwich Tater Tots Carrots 100% Juice Milk
TUESDAY Chicken Nuggets Steamed Carrots Rice Pilaf Daily Fruit Buffet Milk	TUESDAY Cheese Quesadilla Sliced Cukes, WG Chip & Salsa 100% Fruit Freeze Cup Daily Fruit Buffet Milk	TUESDAY Tacos, Nacho Chip Meat, Lettuce, Tomato Cheese Sauce, Corn Daily Fruit Buffet Milk	TUESDAY Hamburger & Roll Cheese, Lettuce, Tomato Crispy Oven Fries Daily Fruit Buffet Milk
WEDNESDAY Grilled Cheese Tomato Soup Vegetable Sticks Daily Fruit Buffet Milk	WEDNESDAY Spaghetti and Meat Sauce Caesar Salad Garlic Bread Stick Daily Fruit Buffet Milk	WEDNESDAY Ham & Cheese Smartfood Popcorn Veggie Sticks, Dragon Punch Daily Fruit Buffet Milk	WEDNESDAY Manager's Choice Steamed Broccoli Daily Fruit Buffet Milk
THURSDAY Hamburger & Roll Cheese, Lettuce, Tomato Baked chips Baked Beans Daily Fruit Buffet Milk	THURSDAY Hotdog & Roll Baked Beans Crispy Oven Potato Daily Fruit Buffet Milk	THURSDAY Turkey & Gravy Mashed Potato Warm Roll Roasted Butternut Squash Daily Fruit Buffet Milk	THURSDAY Chicken Patty & Roll Lettuce & Tomato Munchie Mix Bag Bean Medley Daily Fruit Buffet Milk
FRIDAY Bosco Stick Meal Dipping Sauce Vegetable of the Day Daily Fruit Buffet Milk	FRIDAY PIZZA Day Broccoli Mix Daily Fruit Buffet Milk	FRIDAY Pizza Crisper Sticks Green Salad & Dressing Daily Fruit Buffet Milk	FRIDAY PIZZA Day Vegetable of the Day Daily Fruit Buffet Milk

MENU POSTED IN NEWSLETTER

JANUARY 2024					FEBRUARY 24					MARCH 2024					APRIL 2024				
NS	2	3	4	5				1	2					1	2	3	4	5	
8	9	10	11	12	5	6	7	8	NS	4	5	6	7	8	8	9	10	11	12
NS	16	17	18	19	12	13	14	15	16	11	NS	13	14	15	15	16	17	18	19
22	NS	24	25	26	NS	NS	NS	NS	NS	18	19	20	21	NS	NS	NS	NS	NS	NS
29	30	31			26	27	28	29		25	26	27	28	29	29	30			

*NS = No School - please check the school calendar

FRUIT Buffet: Variety of Fresh, low sugar frozen or canned fruits or juice. Grain items are Whole Grain or Whole Wheat based
A VARIETY OF 1% & SKIM MILK ARE OFFERED WITH EACH MEAL. MENUS ARE SUBJECT TO CHANGE BASED UPON MARKET & AVAILABILITY.

This Institution is an equal opportunity provider.