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| Blocks | Monday – 1/21-19  Dr. Martin Luther King Day | Tuesday – A  1/22/19 | Wednesday - B  1/23/19 | Thursday – A  1/24/19 | Friday - B  1/25/19 |
| 1  7:30-8:55 | Dr. Martin Luther King Day | Textile/Apparel **1** -Seating, Fire Drill  -Lockdown  -Read and discuss class expectation sheet -Explain Self Evaluation Sheets  -Assign Boxes | Prep | Textile/Apparel  -Discuss Safety of sharp equipment  -Distribute Supplies to begin counted cross stitch I  Aida Cloth, Needle  DMC Floss, Pattern  Threading Needle  Finding Center of work  Store needle correctly  **1,4** | Prep |
| 2 WIN Block  8:59-9:39 | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) |
| 3  9:43-11:08 | Dr. Martin Luther King Day | Textile/ Apparel **1** -Seating, Fire Drill  -Lockdown  -Read and discuss class expectation sheet -Explain Self Evaluation Sheets | Food and Nutrition  -Seating, Fire Drill  -Lockdown  -Read and discuss class expectation sheet  -FF Apple on Folders  -Presentation of FF Apple  -Gal,Qt, Pt, C – On back of folder | Textile/ Apparel  -Discuss Safety of sharp equipment  -Distribute Supplies to begin counted cross stitch I  Aida Cloth, Needle  DMC Floss, Pattern  Threading Needle  Finding Center of work  Store needle correctly  **1,4** | Food and Nutrition  -FF Apple on Folders  -Presentation of FF Apple  -Gal,Qt, Pt, C – On back of folder  -First Foods Pre-Test **1**  -Review Pre-test with students |
| 4  11:12-1:04 | Dr. Martin Luther King Day | Apartment Cooking  **1**  -Seating, Fire Drill  -Lockdown  -Read and discuss class expectation sheet  -You are What you Eat & present | Food and Nutrition  -Seating, Fire Drill  -Lockdown  -Read and discuss class expectation sheet  -FF Apple on Folders  -Presentation of FF Apple  -Gal,Qt, Pt, C – On back of folder | Apartment Cooking  -You are What you Eat & present  -Complete Pre-Test and review answers with class  -M&L-Begin PPP – Need Recipes. 15 **1,2,3,6**  -Recipe Reading & practice **1** | Food and Nutrition  -FF Apple on Folders  -Presentation of FF Apple  -Gal,Qt, Pt, C – On back of folder  -First Foods Pre-Test **1**  -Review Pre-test with students |
| 5  1:07-2:30 | Dr. Martin Luther King Day | Prep | MS-Fuel with Food  - Fire drill  -Lockdown  -Seating  -bag and coat storage  -Begin Self Portraits **1,4** | Prep | MS-Fuel with Food  -Finish and Present Self Portraits1 **1,5**  -Explain Classroom Expectations  -Complete Pre-Test |

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| Blocks | Monday – A  1/28/19 | Tuesday – B  1/29/19 | Wednesday - A  1/30/19 | Thursday – B  1/31/19 | Friday - 2/1/19  PARENT TEACHER CONFERENCE |
| 1  7:30-8:55 | Textile/Apparel  -Finish x-stitch ‘I’  -Demonstrate and have students complete back stitch on ‘I’ (2)  -Complete x-stitch questions  **1,5** | Prep | Textile/Apparel  -Distribute supplies for Pillow Project  Aida Clot, Hoop  DMC Floss, & choose Individual Patterns (2) **1,5** | Prep | PARENT TEACHER CONFERENCE |
| 2 WIN Block  8:59-9:39 | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) |
| 3  9:43-11:08 | Textile/ Apparel  -Finish x-stitch ‘I’  -Demonstrate and have students complete back stitch on ‘I’ (2)  -Complete x-stitch questions  **1,5** | Food and Nutrition  -Intro to measurement and measuring equip.  -Identify correct measuring equipment 3 **1,4**  -Measurement cheat sheets  -Kitchen Equivalents and measuring basics 3 **1,4** | Textile/ Apparel  -Distribute supplies for Pillow Project  Aida Clot, Hoop  DMC Floss, & choose Individual Patterns (2) **1,5** | Food and Nutrition  -Recipe Review  -Complete Cupcake completion  -Complete Timing Your Cooking Math Worksheet 3 **1**  -Altering Recipes – Both increase and decrease 3 **1**  -Kitchen Equip Hunt do’s and do-not’s **1,4,6** | PARENT TEACHER CONFERENCE |
| 4  11:12-1:04 | Apartment Cooking  -Correct measurement techniques & worksheet **1**  -Explain Cookbook project and set up books **1,3,5**  -Using Cookbooks answer questions **1** 2  -Kitchen Equip. Hunt **1,4,6** -M&L-Begin PPP – Need Recipes. 15 **1,2,3,6** | Food and Nutrition  -Intro to measurement and measuring equip.  -Identify correct measuring equipment 3 **1,4**  -Measurement cheat sheets  -Kitchen Equivalents and measuring basics 3 **1,4** | Apartment Cooking  -In teams complete Preventing Kitchen Accidents work sheet take **kitchen safety quiz 1,6**  Review General Guides for rm 201 **1**  -On Chromebooks work on Cookbook Project 3  **1,4,6**  -M&L-Begin PPP – Need Recipes. 15 **1,2,3,6** | Food and Nutrition  -Recipe Review  -Complete Cupcake completion  -Complete Timing Your Cooking Math Worksheet 3 **1**  -Altering Recipes – Both increase and decrease 3 **1**  -Kitchen Equip Hunt do’s and do-not’s **1,4,6** | PARENT TEACHER CONFERENCE |
| 5  1:07-2:30 | Prep | MS-Fuel with Food  -Tools of the Trade Equipment Hunt  Name of Tool/Usage/Where located in the Foods Laboratory **1,4,6** | Prep | MS-Fuel with Food  -Remove all equipment used for making blueberry muffins. **1,4,6**  -Complete Equipment Match and review with students.(4) | PARENT TEACHER CONFERENCE |

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| Blocks | Monday – A  2/4/19 | Tuesday – B  2/5/19 | Wednesday - A  2/6/19 | Thursday – B  2/7/19 | Friday - A  2/8/19 |
| 1  7:30-8:55 | Textile/Apparel  -Read individual patterns to find center of work  -Begin working at center and work outward using various colors DMC floss  (2) **1,2,5** | Prep | Textile/Apparel  -Read Pattern, being sure the # of X’s in the Aida cloth match the number of X’s on the pattern (2)  **1,2,5** | Prep | Textile/Apparel  -Working on individual projects (2) **1,2,5** |
| 2 WIN Block  8:59-9:39 | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) |
| 3  9:43-11:08 | Textile/ Apparel  -Read individual patterns to find center of work  -Begin working at center and work outward using various colors DMC floss  (2) **1,2,5** | Food and Nutrition  -Kitchen safety lesson & Quiz **1 1**  - Think Safe/Be Safe  -Tips for Kitchen Safety Chap 20 & 21 in text book. 1 **1**  -Complete Cupcake completion 3 **1** | Textile/ Apparel  -Read Pattern, being sure the # of X’s in the Aida cloth match the number of X’s on the pattern (2)  **1,2,5** | Food and Nutrition  -Fix Safety Quizes  -Make Maple Syrup and Mix Dry ingredients for pancakes 1,3,4  **1,4,6**  Complete Lab Questions  -Complete Cupcake completion  -Complete Timing Your Cooking Math Worksheet 3 **1** | Textile/ Apparel  -Working on individual projects (2) **1,2,5** |
| 4  11:12-1:04 | Apartment Cooking  -Using Cookbooks answer questions **1** 2  -Prepare Parmesan Knots **1,4,6**  -On Chromebooks work on Cookbook Project 3  **1,3,5** -M&L-Begin PPP – Need Recipes. 15 **1,2,3,6** | Food and Nutrition  -Kitchen safety lesson & Quiz **1 1**  - Think Safe/Be Safe  -Tips for Kitchen Safety Chap 20 & 21 in text book. 1 **1**  -Complete Cupcake completion 3 **1** | Apartment Cooking  -Cookbook Project in Library 3  **1,3,5**  -M&L-Begin PPP – Need Recipes. 1,5 **1,2,3,6** | Food and Nutrition  -Fix Safety Quizes  -Make Maple Syrup and Mix Dry ingredients for pancakes 1,3,4 **1,4,6**  Complete Lab Questions  -Complete Cupcake completion  -Complete Timing Your Cooking Math Worksheet 3 **1** | Apartment Cooking  -Cookbook Project in Library 3  **1,3,5**  -M&L-Begin PPP – Need Recipes. 15 **1,2,3,6** |
| 5  1:07-2:30 | Prep | MS-Fuel with Food  -Recipe reading Notes  -Complete ‘Follow Me’ Worksheet (4) **1** | Prep | MS-Fuel with Food  -Measuring Tool Demonstration  -Complete ‘How Do You Measure” worksheet (4) **1** | Prep |

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| Blocks | Monday – B  2/11/19 | Tuesday – A  2/12/19 | Wednesday - B  2/13/19 | Thursday – A  2/14/19 | Friday - B  2/15/19 |
| 1  7:30-8:55 | Prep | Textile/Apparel  -Working on individual projects (2) **1,2,5** | Prep | Textile/Apparel  -Working on individual projects (2) **1,2,5** | Prep |
| 2 WIN Block  8:59-9:39 | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) | Advisory (WIN Block) |
| 3  9:43-11:08 | Food and Nutrition  -Make Pancakes, heat syrup, set tables & eat 1,3,4 **1,4,6**  Complete Lab Questions  -Complete Cupcake completion  -Complete Timing Your Cooking Math Worksheet 3 **1** | Textile/ Apparel  -Working on individual projects (2) **1,2,5** | Food and Nutrition  -Prepare New England Corn Bread or Morning Maple Muffins-Nutrition Analysis 1,3,4 **1,4,6**  -Complete Timing Your Cooking Math Worksheet  3 **1** | Textile/ Apparel  -Working on individual projects (2) **1,2,5** | Food and Nutrition  Kitchen Math – Test 2 **1**  Brave New Foods DVD & Worksheet 4 **1** Begin Vocabulary 4 **1** |
| 4  11:12-1:04 | Food and Nutrition  -Make Pancakes, heat syrup, set tables & eat 1,3,4 **1,4,6**  Complete Lab Questions  -Complete Cupcake completion  -Complete Timing Your Cooking Math Worksheet 3 **1** | Apartment Cooking  -Pull Apart Coffee Cake 4 **1,4,6**  **-**Cookbook questions & Measurement work **1**  -M&L-Begin PPP – Need Recipes. 15 **1,2,3,6** | Food and Nutrition  -Prepare New England Corn Bread or Morning Maple Muffins-Nutrition Analysis 1,3,4 **1,4,6**  -Complete Timing Your Cooking Math Worksheet  3 **1** | Apartment Cooking  -Bacon Cheese Pull-aparts **1,4,6**  -Cooking Terms worksheet**1**  -Complete Food Safety Questions **1**  -Cookbook Project in Library 3 **1,3,5**  -Finish, print, and put Cookbooks together  -M&L-Begin PPP – Need Recipes. 15 **1,2,3,6** | Food and Nutrition  Kitchen Math – Test 2 **1**  Brave New Foods DVD & Worksheet 4 **1** Begin Vocabulary 4 **1** |
| 5  1:07-2:30 | MS-Fuel with Food  Watch ‘Kitchen Safety Smart’ DVD and complete DVD worksheet.  (1)**1**  -Chap. 47-Safety in the Kitchen (1) **1**  -HW– Read Safety and Sanitation Procedures (qz) | Prep | MS-Fuel with Food  -Review Safety Procedures in MRMHS Kitchens  -Safety Quiz **1** (1)  -Discuss with Class Cooking Terms and begin ‘Cooking Terms X-Word’ **1**  (4) | Prep | MS-Fuel with Food  -English Muffin Pizzas  1 & 4 **1,4,6**  -Cooks language; cooking terms **1**  -Kitchen Math – Equivalents and Substitutions (if time) |