



Tiger News

Troy Elementary School, 44 School St. Troy, NH
03465



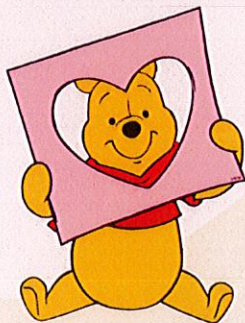
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Dates to Remember

- **Feb. 9** School Renovation Presentation
5-7 PM Troy School Library
- **Feb. 10** Conferences - No School
- **Feb. 20-24** Winter Break
- **March 3.** Rollerskating 6 - 9:30 PM



February Newsletter

Dear Troy Families,

I trust that this newsletter finds everyone healthy, safe, and warm. It certainly has been another interesting January in New Hampshire!

February is here and with it brings Parent Teacher Conferences. It is no secret that when schools work together to foster strong relationships with families, student success soars.

Parental involvement leads to academic success: higher grades and test scores, improved social skills and time on task, better attendance, greater participation and decreased behavioral problems in the classroom.

Parent-teacher communication can also be challenging. Access to school, schedule conflicts, and consistent requests for fundraising efforts seem to cause difficulty in maintaining open lines of communication.

Here are some strategies that may assist keeping lines of communication open:

GETTING OFF TO A GOOD START: Always begin each interaction on a positive note. Teachers and parents always have the best interest of the student in mind.

MAINTAIN BACK AND FORTH COMMUNICATION: Two way communication when parents can listen and receive information, as well as speak and be heard guarantee a healthy exchange of ideas welcomes parents as partners in your child's education. Teachers always appreciate a "heads up" via email or phone call if there has been a major situation that has arisen at home.

Many teachers at Troy School send home weekly updates about what students are working on. Stay up to date with classroom happenings by reading these notices. It is always a good thing to hear from interested parents, relative to what takes place during instruction.

REACH OUT WHEN YOU HAVE QUESTIONS: As we often tell our students, "there is never a silly question". Always feel free to contact school with questions and/or recommendations. We are all here for our children!!

We look forward to seeing you at your child's Parent-Teacher Conference. If you do not already have one scheduled, please contact your child's teacher today!

Have a great February,

Kevin W. Stone, Ed. D. Principal



TROY ELEMENTARY SCHOOL VALUES AND EXPECTATIONS 2023 (revised)

The staff at Troy School recently revised the school wide expectations with students (see below) As a result of the revisions, there have also been some changes to "rules" that have existed. As you can see the NEW expectations revolved around the pillars that have been defined: **RESPECT**, **OWN** your community, Always **PERSEVERE**, and **RESPONSIBILITY**. One of the major changes that have resulted is that HATS may be worn at school *AS LONG AS* they are worn appropriately. If any staff member feels that hats/hoods are interfering with students' educational progress that student(s) will lose the privilege for the remainder of the day. As always, if you have questions or concerns, please be sure to call us at school. Help us in our mission to teach *respect, pride in the community, perseverance and responsibility*.

	Respect Yourself (Show CARING)	Own Your Community	Always Persevere	Responsibility to do What's Right
Troy School Values	<ul style="list-style-type: none"> • Be considerate of each other with words and actions. • Have empathy for students with different learning styles. • Show people that you care by listening to their thoughts and feelings. 	<ul style="list-style-type: none"> • Understand that everyone has value. • Help each other out. • Show you care about our classroom materials & environment. 	<ul style="list-style-type: none"> • Work to your personal best. • Know that you can do hard things. • Ask for help when you need it. 	<ul style="list-style-type: none"> • Own your actions. Own your words. Own your feelings.

SPELLING BEE WINNER ANNOUNCED

Congratulations to all participants of this year's Troy School Spelling Bee. Our spelling bee champion is 5th grader Dominic Lerio! He battled through 10 tough rounds of spelling. Congratulations to our three runners up, 5th grader Brooklyn Coon, 6th grader Reilly Brennan, and 6th grader Isabel Wrona. These students all represented Troy School with bravery and grace, and we are very proud of them. Dominic moves on to the Semi-Final Regional Bee which will be held virtually. Best of luck to him!





Greetings from

TITLE I

www.mrsd.org/title1

READY! for Kindergarten[®]

Classes are held in person at
633 Old Homestead Highway, Swanze
on Wednesday evenings

5:30-6:00 – 1st time orientation 6:00-7:30 – Class

WINTER CLASSES

- 2/1 For parents of 1-2 year olds
- 2/15 For parents of 0-1 year olds

SPRING CLASSES

- 3/1 For parents of 3-4 year olds
- 3/15 For parents of 2-3 year olds
- 3/29 For parents of 1-2 year olds
- 4/12 For parents of 0-1 year olds
- 5/10 For parents of 4-5 year olds

To register for these free classes or for
more information, please call
357-2042 or email:

Beth Audette baudette@mrsd.org

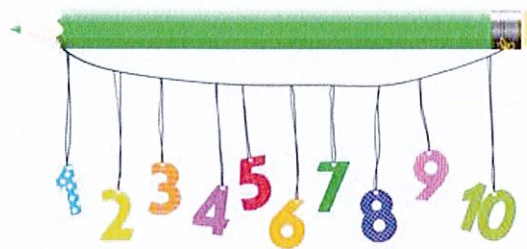
Lynn Speckman lspeckman@mrsd.org



Title I Learning Kits



When it's cold and dark outside, do you ever dream of traveling to warm and sunny places? I sure do! When we can't actually go, we can feel like we're there through books! Try some of our traveling kits, like our Mexico kit pictured above, and imagine yourself on a virtual vacation.



Math, it's everywhere!

So let's have some fun with it!

Many people enjoy word search puzzles as a way to relax. Let's combine that concept with math! Have a few relaxing moments in your day and try this Combinations of 10 Number Search puzzle. Circle the numbers next to each other that add up to 10 in the puzzle below. The number sets can be horizontal, vertical or diagonal.

6	8	5	2	8	5
4	5	9	1	8	5
2	1	5	6	4	3
7	1	9	3	7	8
4	3	1	6	2	9
6	9	2	8	5	1
1	4	3	5	9	7
8	2	6	5	2	3



By the way, if you know all your combinations of 10, you can try your hand at becoming a mathematician!

Scan here to learn a fun card trick:





Monadnock Elementary School Menu February 2023

Cafeteria Contact Numbers

- Cutler School (603) 355-3132
- Emerson School (603) 585-6006
- Gilsum School (603) 352-2226
- Mt. Caesar School (603) 903-6531
- Troy School (603) 242-6564
- Main Office (603) 903-6958
- Fax (603) 719-3238

Meal Prices:
Breakfast \$1.80 or \$0.00 Reduced
Lunch \$2.85 or \$0.40 Reduced

Please see info box below for Free or reduced priced Meals



ALTERNATE MEALS:

Daily we offer:
Yogurt, Cinnamon Roll, & String Cheese, & Sun Butters & Jelly Sandwiches
Each student will receive all the other listed meal components from the daily

Offer vs. serve

- What makes a Complete Meal:
 - Protein rich Entrée
 - Whole grain / Wheat bread, Rice or Pasta
 - Vegetable of the Day, Fruit choice
 - Milk: 1% skim or Fat-free Flavored
- For BREAKFAST: a student must pick 3 of the 4 food components offered, one being a serving of fruit.
For LUNCH: a student must pick at least 3 of the 5 food components offered, with the option of selecting all five, one being a serving of fruit or vegetable.

3 components of the 5 offered are necessary for lunch.

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	Hot Dog & Roll Coleslaw Baked Beans Daily Fruit Buffet Milk choice	Cheese Quesadilla Mixed Vegetables 100% Fruit Juice Slush Daily Fruit Buffet Milk choice	WG Chicken Nuggets Diced Carrots Garlic Bread Stick Daily Fruit Buffet Milk choice	Manager's choice Vegetable of the Day Popcorn Treat Daily Fruit Buffet Milk choice	Pizza Green Beans Daily Fruit Buffet Fruit Go-Gurt Treat Milk choice
2	Fish Tenders Curly Fries Biscuit or Roll Broccoli Daily Fruit Buffet Milk choice	WG Popcorn Chicken Mixed Vegetables Bread sticks Daily Fruit Buffet Milk choice	Hamburger & Roll Cheese, Lettuce, Tomato Baked Beans Daily Fruit Buffet Milk choice	Pasta & Meatsauce Mozzarella Stick Green Salad & Dressing Daily Fruit Buffet Milk choice	NO SCHOOL TODAY
3	Grilled Cheese Tomato Soup Veggie Sticks Daily Fruit Buffet Milk choice	Tacos- Meat, Cheese Lettuce, Tomato, Salsa Seasoned Rice Corn Daily Fruit Buffet Milk choice	Hot Breakfast Sandwich Vegetable of the Day Dragon Punch Daily Fruit Buffet Milk choice	Chicken & Gravy Mashed Potato Warm Roll Mixed Vegetables Daily Fruit Buffet Milk choice	Cheese Pizza Vegetable of the Day Daily Fruit Buffet Treat of the Day Milk choice
February Break Feb 20-24	Grilled Cheese Tomato Soup Veggie Sticks Daily Fruit Buffet Milk choice	Chicken Patty & Roll Lettuce & Tomato Steamed Corn Daily Fruit Buffet Milk choice	Homemade Mac & Cheese Pretzel & Dip Green Beans Daily Fruit Buffet Milk choice	Manager's Choice Hot Vegetable Daily Fruit Buffet Ice Cream Treat Milk choice	Bosco Sticks Marmora Sauce Vegetable of the Day Daily Fruit Buffet Milk choice
4					

Menu is subject to changes due to Supply chain issues- Thank you for understanding

This Institution IS AN EQUAL OPPORTUNITY PROVIDER

Free and Reduced Meals
For the last few years, breakfast and lunch have been provided at no cost to all Monadnock Regional students due to the Covid-19 pandemic. Unfortunately, Free meal waivers have been discontinued by the USDA for the 2022-23 school year.

Free and Reduced Meals:
Applications are available at <https://www.mrds.org/Page/214>
or
by contacting your student's cafeteria office
on the main office at (603) 903-6818

Applications can be easily completed online at

<https://family.titank12.com/>

February 2023

	Mon	Tue	Wed	Thu	Fri
1	30	31	1	2	3
2	6	7	8	9	No School
3	13	14	15	16	17
4	27	28	1	2	3

Monday	Cereal Breakfast WG Bagel or Muffin Breakfast Pizza Fruit or 100% Juice Milk Choice
Tuesday	WG Bagel or Muffin Cereal or Bag Breakfast Fruit or 100% Juice Milk Choice
Wednesday	Breakfast Sandwich Cereal Breakfast Fruit or 100% Juice Milk Choice
Thursday	Blueberry Muffin Cereal Breakfast Fruit or 100% Juice Milk Choice
Friday	Fresh Baked Cinnamon Roll Sausage Pancake Stick Cereal or Bag Breakfast Fruit or 100% Juice Milk Choice